

HOW TO FIND US...

FROM THE NORTH

Follow the M6 to junction 12, then A5 towards Telford onto the A449 to Wolverhampton. Join the M54 at junction 2 and head towards Telford then follow the directions from Junction 3.

FROM THE M40

Take the M42 until you reach the M5, go north until it reaches the M6, exit the M6 at junction 10A and follow the M54 towards Telford. Follow the directions from junction 3.

FROM THE M1

Join the M6 until junction 10A, follow the M54 towards Telford and follow directions from junction 3.

FROM M54 JUNCTION 3

Follow the A41 towards Wolverhampton passing RAF Cosford. After the traffic lights, turn right by the Garden Centre. Continue into Albrighton until The Crown, turn right into Cross Road. At the end of this road, turn right and then left. Follow this road past Burnhill Green and then turn left sign posted Patshull. Turn left at the end of this road and we are located 100 yards on the left.

FROM CENTRAL WOLVERHAMPTON

Follow signs towards A454 Bridgnorth road and continue on this road for about 2 1/2 miles until you reach The Mermaid. Go straight over these traffic lights and then take the next right hand turn onto Tinacre Hill, follow this road and go straight over the next set of traffic lights continuing until you reach the village of Pattingham. Once in the village, continue on the main road bearing right, passing the church on your left. We are situated approx 1 1/2 miles along this road on the right.

Look us up on
Trip Advisor



Pattingham, Nr Wolverhampton WV6 7HR

Telephone 01902 700100

sales@patshull-park.co.uk www.patshull-park.co.uk

MEMBERSHIPS

Join one of our membership schemes and benefit from 3 complimentary 1-2-1 training sessions, complimentary fitness classes, personal training sessions available and a member's discount scheme.

	Single Payment*	Monthly Payments**
Full Single	£639.00	£54.00
Full Joint	£551.00	£47.00pp
Family - 2 Adults, 2 Children (5-15years)	£1234.00	£103.00
Off Peak Single - Weekdays 6.30am-5pm	£414.00	£36.00
Junior 5-10 years	£95.00	£9.00
Junior 11-15 years	£166.00	£14.00
Junior 16-17 years	£243.00	£25.00
18-23 years	£414.00	£36.00
60's and over	£414.00	£36.00
Weekend - Sat/Sun only	£305.00	n/a
Early Bird	£414.00	£36.00

Standard terms and conditions apply. *Yearly Subscription, **12 Monthly Direct Debits

FACILITIES

FULLY EQUIPPED GYM - For the more energetic, you will find our top of the range cardiovascular equipment and fully equipped weights room.

PERSONAL TRAINING - Get the most out of your workout with a special training session from just £20.00pp per hour.

FANTASTIC POOL - Discover our fantastic indoor heated swimming pool, spa pool, steam rooms and saunas.

FITNESS CLASSES - Get in shape with many of our high - energy and conditioning exercise classes. Free for members (booking required).

BEAUTY - Our Beauty Within salon is situated within the Health & Fitness complex providing a range of treatments in a comfortable and relaxing setting.

DAY PASSES

Day Visitor	£12.50
Junior (5-11 years)	£7.50
Adult Member's - Adult Guest (under 5's free)	£8.00
Adult Member's - Child Guest (under 5's free)	£5.00
Golf & Fishing Members (with membership card)	£7.50

*Please note no admittance for under 11's Monday, Wednesday and Friday after 6.30pm and Monday to Friday 9.00am - 11.00am

BEAUTY PACKAGES

All packages include complimentary use of:

- Swimming pool & spa pool
- Cardiovascular Suite & Fitness Room
- Sauna & steam room

BEAUTY WITHIN SPECIAL

Choice of one treatment:

- Mini facial
- Hand file, polish and massage
- Foot file, polish and massage
- Back, neck and shoulders

(Allow 30 minutes)

£40.00

PERFECT PAMPER

- Aromatherapy back massage
- Express facial

(Allow 1 hour 15 minutes)

£60.00

Soup & sandwich lunch served with tea or coffee in Earls Brassiere is included as part of every package

MOTHER TO BE

- Stress recovery facial
- Aroma Spa Pedicure Deluxe or Manicure
- Massage

(Allow 2 hours 30 minutes)

£90.00

BRIDAL BRIGADE

- Body Exfoliation
- Aromatherapy back massage
- Facial
- Jessica French manicure

(Allow 3 hours 30 minutes each)

£110.00

BOOKINGS AND CANCELLATIONS

48 hours notice is required for cancellations without incurring a charge to the full value of the treatment. All treatments are subject to a non-refundable deposit at the discretion of the staff.

MEMBERS DISCOUNT

Members are entitled to a **20% discount** on presentation of a valid membership card. Packages and offers are excluded from discounts. Treatments for men are only available to male club members and hotel residents. Male clients are required to wear shorts during massage.

HEALTH & FITNESS CLUB



PATSHULL PARK
HOTEL, GOLF & COUNTRY CLUB

BEAUTY WITHIN TREATMENT LIST

BEAUTY LAB TREATMENTS

Beauty Lab are committed at combining cutting edge science and the latest technology to deliver both instant beautifying and long term results. The products used contain the finest, purest and most refined ingredients.

ESSENTIAL FACIAL

Rich in plant collagen and Hawaiian sea algae the Essentials facial is deeply hydrating and protects your skin from UV damage. Skin is cleansed, polished and beautifully conditioned for healthy, soft, radiant results.

30 minutes **£30.00**

REJUVENATING EYE TREATMENT

A highly effective eye treatment that uses targeted massage techniques and peptides to reduce dark circles, puffiness and deliver visible line softening. Eyes are left bright, youthful and revitalised.

60 minutes **£25.00**

ANTI-AGEING FACIAL

A facial that is intensely rejuvenating leaving skin lifted and radiant. It re-plumps and firms giving your skin a natural, healthy glow. Advanced formulations and relaxing, lifting and firming massage techniques ease the appearance of fine lines, leaving skin looking and feeling radiantly invigorated.

60 minutes (per facial) **£45.00** for the course of 6 (1 a week) **£225.00**

GLYCOLIC FACIAL

Targeting specific skin conditions such as blemishes, pigmentation, age spots and sun damage - the Glycolic facial is a unique resurfacing treatment that utilises pomegranate enzyme for a softer, smoother and brighter approach to skin care. A course of 6 weekly treatments are recommended.

45 minutes (per facial) **£50.00** for the course of 6 (1 a week) **£250.00**

GLYCOLIC BACK TREATMENT

A fantastic treatment for a congested, oily back. A deeply cleansing application of glycopeel removes impurities and smoothes the skin. The treatment also includes a relaxing and soothing scalp massage. For optimum results, a course of 6 weekly treatments are recommended.

45 minutes **£35.00** for the course of 6 (1 a week) **£175.00**

GLYCOLIC HAND TREATMENT

An intensely rejuvenating application of Glycopeel that targets wrinkles, pigmentation, age spots and sun damage. For optimum results, a course of 6 weekly treatments is recommended.

30 minutes **£20.00** for the course of 6 (1 a week) **£100.00**

BODY TREATMENTS

BODY EXFOLIATION AND NOURISHMENT

Removes dead skin cells and along with nourishment, leaves the skin luminous and soft.

60 minutes **£35.00** Add an Express Facial *90 minutes* **£45.00**

G5 MASSAGE

Great for buttocks and thighs to improve the orange peel appearance and water retention. Also excellent for alleviating stubborn tension in the back.

15 minutes **£11.00** *30 minutes* **£17.00** *Course x10 30 minutes* **£110.00**

BODY CONTOUR WRAP

An effective body wrap treatment designed to help you achieve inch loss and reduce the appearance of cellulite.

75 minutes **£38.00**

SUNLESS TANNING

HALF BODY SPRAY TAN

45 minutes **£20.00**

FULL BODY SPRAY TAN

60 minutes **£30.00**

RELAXATION

SWEDISH MASSAGE

Excellent before or after sports. Great for improving circulation, water retention and stress busting.

Full Body 75 minutes **£42.00** *Back, neck and shoulder 45 minutes* **£30.00**

AROMATHERAPY

A deeply relaxing massage is performed using acupressure and lymphatic drainage movements with blended essential oils.

Full Body 90 minutes **£50.00** *Back, neck and scalp 45 minutes* **£30.00**

INDIAN HEAD MASSAGE

This is an ancient method used to reduce tension and stress, revitalise the mind working on the back, neck and shoulders and scalp.

45 minutes **£30.00**

HOT STONES

HOT STONE BACK MASSAGE

30 minutes **£35.00**

HOPI EAR CANDLING

HOPI EAR CANDLING INC. SCALP MASSAGE

This is a wonderfully relaxing and beneficial treatment. It can help with many conditions and problems associated with the ear, nose and throat area.

30 minutes **£22.00**

HOPI EAR CANDLING WITH EXPRESS FACIAL

Combining the relaxing effect of a Candling treatment with an Express Facial.

60 minutes **£45.00**

WAXING

FULL LEG *60 minutes* **£25.00**

¾ LEG *45 minutes* **£20.00**

½ LEG *30 minutes* **£15.00**

FULL LEG & BIKINI *75 minutes* **£30.00**

BIKINI OR UNDERARM *15 minutes* **£10.00**

LIP OR CHIN *15 minutes* **£10.00**

LIP AND CHIN *30 minutes* **£12.00**

½ ARM *30 minutes* **£12.00**

FULL ARM *45 minutes* **£20.00**

BIKINI & UNDERARM *30 minutes* **£20.00**

MANICURES

JESSICA MANICURE *45 minutes* **£22.00**

JESSICA FRENCH MANICURE *60 minutes* **£25.00**

FILE AND POLISH *30 minutes* **£15.00**

JESSICA DELUXE MANICURE

An effective hand and nail care treatment using hydrating thermo gloves to help with the absorption of luxurious creams.

60 minutes **£30.00**

GELERATION

GEleration from Jessica is the next generation of soak-off gel nail systems. Weeks of beautiful colour; non-chip finish and no smudging - Free gel removal with re-application, please inform staff at time of booking 30 minutes Free

Application 45 minutes **£22.00** *Manicure 75 minutes* **£35.00**

GEleration Removal 30 minutes **£12.00**

PEDICURES

AROMA SPA PEDICURE

Nail & cuticle tidy, followed by a relaxing foot and leg massage. Includes application of nail colour.

60 minutes **£25.00**

AROMA SPA PEDICURE DELUXE

A luxurious foot and leg treatment using aromatherapy based products. Includes thermal booties to assist in helping feet absorb the luxurious creams, leaving feet feeling soft, revitalised and well groomed. Includes application of nail colour.

75 minutes **£30.00**

GELERATION

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Application 45 minutes **£22.00** *Pedicure 75 minutes* **£35.00**

GEleration Removal 30 minutes **£12.00**

Nail Art extra 15 minutes on top of manicure **£10.00**

Please Note: We are unable to provide treatments if you are suffering from fungal foot/nail infections/diabetes.

EYE TREATMENTS

EYEBROW

Shape 30 minutes **£10.00** *Tint 15 minutes* **£10.00**

EYELASH

Tint 30 minutes **£15.00**

EYELASH & EYEBROW

Tint 15 minutes **£18.00**

*A patch test is advised 24 hours prior to first eyelash tint or eyebrow treatment to test for any reactions

MALE TREATMENTS

SWEDISH MASSAGE

Excellent before or after sports. Great for improving circulation, water retention and stress busting.

Back, neck and shoulder 45 minutes **£30.00**

INDIAN HEAD MASSAGE

This is an ancient method used to reduce tension and stress, revitalise the mind, working on the back, neck, shoulder and scalp.

45 minutes **£30.00**

HOT STONE BACK MASSAGE *30 minutes* **£35.00**

HOPI EARL INC SCALP MASSAGE

45 minutes **£30.00**

HOPI EAR CANDLING WITH EXPRESS FACIAL

60 minutes **£40.00**

HAND MAINTENANCE AND GROOM

Nail and cuticle care followed by hand and arm massage

30 minutes **£18.00**

FOOT MAINTENANCE AND GROOM

Nail and cuticle care, removal of hard skin, foot and leg massage

45 minutes **£20.00**

CHEST WAX/BACK WAX *Per 15 minutes* **£10.00**

EYEBROW TIDY 30 minutes **£10.00**